Vital Energy Services

2017 Event Calendar

November 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5 Crystal Bowl Meditation 6 to 6:45pm Candlelight Yin Yoga w/15 min Singing Bowl Meditation 7 to 8:15 pm	6	7	8	9	10	11
12 Crystal Bowl Meditation 6 to 6:45pm Candlelight Yin Yoga w/15 min Singing Bowl Meditation 7 to 8:15 pm	13	14	15	16	17	18
19 Crystal Bowl Meditation 6 to 6:45pm Candlelight Yin Yoga w/15 min Singing Bowl Meditation 7 to 8:15 pm	20	21	22	23 Happy Thanksgiving! *(closed today)*	24	25
26 Crystal Bowl Meditation 6 to 6:45pm Candlelight Yin Yoga w/15 min Singing Bowl Meditation 7 to 8:15 pm	27	28	29	30	1	2
3	4					

NOTE: *To reserve your spot in any class you'd like to attend, please **RSVP** to **Janet Novotny** by calling **630-951-8059**. A credit card is required to hold your spot in any class. If you need to cancel your reservation, you are required to do it within **48 hours BEFORE** the start of the class...otherwise your credit card will be charged for the full cost of the class, even if you do not attend. Credit Card payment is not required when you come for class. You may pay by cash or check. Class space is limited, so reserve your spot today! For a description and prices of these classes, please visit my **"Events"** page at **www.VitalEnergyServices.com**.*